



**R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL  
COLLEGE & HOSPITAL, INDORE  
DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)**



**Activity Report**

<b>INSTITUTE</b>	<b>R.N. Kapoor Memorial Ayurvedic Medical College &amp; Hospital</b>
<b>ACTIVITY TYPE</b>	<b>Lecture on World Heart Day</b>
<b>DATE</b>	<b>29 September 2023</b>
<b>Topic of Lecture</b>	<b>General Awareness of Heart Diseases</b>
<b>Speaker</b>	<b>Dr Minal Manoharrao Khode</b>
<b>Organizer</b>	<b>Kayachikitsa Department, R. N. Kapoor Memorial Ayurvedic Medical College and Hospital, Indore</b>
<b>CO-ORDINATOR</b>	<b>Dr.Minal Khode</b>
<b>FACULTY CONTACT DETAILS</b>	<b>8999362177</b>

**Details about the activity:**

- On the occasion of “World Heart Day” - 2023, at R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore on dated 29/09/2023 inaugurated the program with “Dhanvantari Pooja” by Dr. Manisha G Dunghav (Principal & Medical Superintendent, RNKMAMC & H Indore) and other faculty members followed by “Dhanavantari Stavan”. The function started by welcoming principal madam and other faculty members.
- After Dhanvantari Pooja, the lecture on “General Awareness of Heart Diseases” is delivered by Dr. Minal M. Khode (Consultant & Assistant Professor, Department of Kayachikitsa, R. N. Kapoor Memorial Ayurvedic Medical College and Hospital, Indore)
- Hon’ble Dr. Manisha G Dunghav (Principal & Medical Superintendent, RNKMAMC & H Indore) gives information about “World Heart Day”. Dr Minal Khode (Consultant & Assistant Professor, Department of Kayachikitsa) delivered most knowledgeable lecture on anatomy and physiology of heart and practice-oriented lecture with pathophysiology and management of heart diseases on “General Awareness of Heart Diseases”. Dr Minal Khode talked about role of diet planning, importance of Yoga and exercise, Pranayama and Ayurvedic Medicine in prevention of heart diseases. Vote of thanks speech for today lecture is given by Dr. Arvind Paikrao (Professor in Department of Kriya Sharira).
- “World Heart Day”- 2023 celebrated with a huge success under the supervision of the principal respected Dr. Manisha Dughav (Principal & Medical Superintendent, RNKMAMC & H Indore).

**PRINCIPAL**  
**Dr.ManishaDunghav**

**CO-ORDINATOR**  
**Dr. Minal Khode**



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## GLIMPSES OF WORLD HEART DAY

### [ LECTURE ON "General Awareness of Heart Diseases" ]

R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE AND HOSPITAL, INDORE

ON OCCASION OF  
"WORLD HEART DAY"

LECTURE TOPIC : GENERAL AWARENESS ON HEART DISEASES  
DATE : 29/09/2023  
VENUE : I BLOCK

GUIDED BY : DR. MANISHA DUNGHAV  
PRINCIPAL & MEDICAL  
SUPERINTENDENT

SPEAKER : DR. MINAL KHODE  
CONSULTANT & ASSISTANT  
PROFESSOR IN MEDICINE

